

2006年考研英语模拟题及答案解析和参考译文(一) PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/110/2021_2022_2006_E5_B9_B4_E8_80_83_c73_110236.htm Section Use of English Directions

: Read the following text. Choose the best word (s) for each numbered blank and mark A , B , C or D on ANSWER SHEET 1.

(10 points) The fitness movement that began in the late 1960s and early 1970s centered around aerobic exercise. Millions of individuals became 1 in a variety of aerobic activities , and 2 thousands of health spas 3 around the country to capitalize on his 4 interest in fitness , particularly aerobic dancing for females. A number of fitness spas existed 5 to this aerobic fitness movement , even a national chain with spas in most major cities. However , their 6 was not on aerobics , 7 on weighttraining programs designed to develop muscular mass , 8 , and endurance in their primarily male 9 . These fitness spas did not seem to benefit 10 from the aerobic fitness movement to better health , since medical opinion suggested that weighttraining programs 11 few , if 12 , health benefits. In recent years , however , weight training has again become increasingly 13 for males and for females. Many 14 programs focus not only on developing muscular strength and endurance but on aerobic fitness as well. 15 , most physical fitness tests have usually included measures of muscular strength and endurance , not for health related reasons , but primarily 16 such fitness components have been related to 17 in athletics. 18 , in recent years , evidence has shown that training programs designed primarily to improve

muscular strength and endurance might also offer some health 19 as well. The American College of Sports Medicine now 20 that weight training be part of a total fitness program for healthy Americans.

1.[A] imposed [B] engaged [C] confined [D] illustrated 2.[A] affluently [B] eligibly [C] gorgeously [D] literally 3.[A] enhanced [B] manifested [C] developed [D] established 4.[A] emerging [B] hovering [C] intriguing [D] mingling 5.[A] prior [B] entitled [C] liable [D] subjected 6.[A] action [B] focus [C] cement [D] snap 7.[A] or [B] or else [C] and [D] but rather 8.[A] strength [B] nutrition [C] tolerance [D] ambition 9.[A] practitioners [B] enthusiasts [C] referees [D] recipients 10.[A] financially [B] particularly [C] legitimately [D] excessively 11.[A] presented [B] offered [C] indicated [D] demonstrated 12.[A] something [B] some [C] anything [D] any 13.[A] popular [B] vigorous [C] intelligible [D] formidable 14.[A] current [B] primitive [C] uneven [D] incredible 15.[A] Practically [B] Eventually [C] Essentially [D] Historically 16.[A] because [B] in only [C] although [D] now that 17.[A] performance [B] harassment [C] identification [D] portrayal 18.[A] Moreover [B] Therefore [C] However [D] Anyway 19.[A] advantages [B] benefits [C] interests [D] profits 20.[A] recommends [B] reassures [C] speculates [D] mediates

答案解析及参考译文
Section Use of English 篇章导读 本题属于时间叙事的文章。
文章主题 (Thesis Statement) 是：“the fitness movement健康运动”，作者从“aerobic exercise有氧运动，fitness spas健康温泉，weighttraining programs减肥训练程序，physicalfitness tests健康体能测试”等方面展开。解读时注意作者所持有的客观

态度。思路解析 1 「答案」[B] 「解析」“engage in 热忠于；沉迷于”。根据文章的一致性，上文提到的“centered around 围绕着”，即：“20世纪60年代末70年代初健康运动是围绕着有氧运动开始的”，所以“数百万的人就热忠于各种各样的有氧运动”，“engaged”与“centered around”形成一致。而选项[A]“impose in 把……强加给”，[C]“confine to/within 局限于”，[D]“举例说明”均不符合题意。2 「答案」[D] 「解析」“事实上；实际上”。根据原文意思：“……而实际上，上千的保健温泉发展起来了，……”所以选择“literally”。而选项[A]“丰富地；富足地；富裕地”，[B]“合适地；合格地；理想地”，[C]“华丽地；壮丽地；美妙地”均不符合原文意思。3 「答案」[C] 「解析」“发展”。“developed”指事物在一段时期内“成长、发育、发展”，朝成熟、扩大、提高的方向前进，可以是自然界中的生长发育过程，也可以是人类社会中的发展、进步过程体现的发展速度很快，并暗示有某个固定目标存在。本文是按时间顺序叙事的，“develop”有“在一段时期内发展”的意思，所以选择“develop”。而选项[A]“提高，增强”，[B]“表明，证明，显示”，[D]establish是正式用词，常表示永久地“建立”起来，强调稳固而持久，涉及对象可以是具体和抽象事物（比如政府、医院、学校、形象、名望等），均不符合题意。4 「答案」[A] 「解析」“出现的”。根据文章一致性原则，“emerging”与第一句中提到的“the fitness movement that began in……”中的“began”形成呼应。而选项[B]“翱翔的；盘旋的；徘徊的；犹豫的”，[C]“阴谋的，密谋的，谋划的”，[D]“混合的；相混的；相交往的，相往来的”均不符

合题意。5「答案」[A]「解析」“prior to在……之前”。本题考查词组搭配。“prior”用于表示时间，而选项[B]“entitle to给……权利，给……资格”，[C]“liable for有责任的，有义务的；liable to inf.有……倾向的，易于……的”，[D]“be subjected to受……约束的，从属于（=be subordinate to）”均不符合题意。6「答案」[B]「解析」“focus on聚集；集中”。根据文章一致性原则，“focus”与原文第一句中的“centered around”形成一致。而选项[A]“action on作用”，[C]“in cement 坚定不移的，不妥协的”，[D]“snap out of 迅速从……中恢复过来；snap up抢购；抢先弄到手”均不符合题意。7「答案」[D]「解析」“but rather（表示转折）（不是）……而是”。根据上下文逻辑，上句“focus was not on……”，下句接着转折说明“but rather on……”。而选项[A]“或是”，[B]“否则；要不然”，[C]“和；而且”是本题的干扰，不符合题意。8「答案」[A]「解析」“力气；力量”。根据文章主题“fitness movement”，“strength”只是健康运动的其中一项，是“fitness movement”的下义词，而且与下文的“muscular strength”形成一致。而选项[B]“营养；食物”，[C]“容忍；宽容”，[D]“野心；抱负”是本题的干扰，不符合题意。9「答案」[B]「解析」“狂热者；热爱者”。根据文章一致性原则，“enthusiast”与上文的“interest in fitness”形成一致性。而选项[A]“开业者；从事者”，[C]“裁判员”，[D]“接受者；领受者”不与“interest in fitness”形成呼应，不符合题意。10「答案」[A]「解析」“经济上；财政上”。根据文章一致性原则，“benefit financially”与“capitalize变成资本；做资本用”形成

呼应。而选项[B]“特别地；尤其”，[C]“正当地；合理地；合法地”，[D]“过多地；过激地”均不形成呼应，不符合题意。100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com